KINESTHETIC ASTRONOMY™

Written Assessment Options for the *Sky Time* Lesson Table of Contents

WORKSHEET or ACTIVITY	PAGE NUMBERS
1. What Do You Know? (Pre-assessment questionnaire)	STA 2 – 4
2. Scale Model of the Sun, Earth & Moon – Cutout Activity	No Answer Key
3. Exploring the Structure of the Universe Fill-in-the-Blank	STA 6
4. Body Geography – Student Worksheet	STA 7
5. Kinesthetic Times of the Day – Student Worksheet	STA 8
6. Rotation vs. Orbit – Student Worksheet	STA 9
7. The "Dating" Game – Student Worksheet	STA 10
8. Kinesthetic Seasons – Student Worksheet	STA 11
9. Reasons for Seasons Concept Map Activity	STA 12 – 13
10. Reasons for Seasons Fill-in-the-Blank	STA 14 – 15
11. Your Birthday Stars – Student Worksheet	STA 16 – 17
12. Different Stars for Different Seasons – Fill-in-the-Poem	STA 18
13. Night Sky in China – Student Worksheet	STA 19
14. Who Can See Orion When?	STA 20
15. Comparing Seasons on Earth & Mars	STA 21
16. What Have You Learned? (Post-lesson assessment)	STA 22 – 26

WHAT DO YOU KNOW? [p 1 of 3]

This questionnaire is not meant to be graded, but rather to inform the teacher about the prior knowledge of his or her students.

1. Draw arrows to connect each box with the correct place on planet Earth.



2.	Draw the EQUATOR on the Earth cartoon above.
3.	Order the objects below from smallest (1) to largest (3).
	2Earth
	1Moon
	3Sun
4.	Order the objects below from closest (1) to farthest (3) from Earth.
	2Sun
	1Moon
	3North Star
_	

5. How many stars are in the Solar System? ____1___

6. How do you think people kept track of time before the invention of clocks, watches, and numbered calendars? What is a day? What is a year?

Basic examples include: Using sundials to tell the time of day, watching the changing phases of the Moon to count weeks and months, and watching the rising & setting positions of the Sun or the height of the Sun at noon to tell the seasons. More advanced examples: Seasons could also be determined by observing which stars were rising just before sunrise or noting the constellation that was visible during that time of year.

A DAY is the time it takes for Earth to spin once (rotate) once on its axis. A YEAR is the time it takes for Earth to go once (orbit) around the Sun.

7. If it is noon where you are, what time is it on the opposite side of Earth?

Midnight	

Answer Key for Teachers WHAT DO YOU KNOW? [p 2 of 3]

8. How does the Sun appear to move in the sky during the day? Draw the path of the Sun on the diagram below.

The Sun appears to rise in the east and set in the west.



9. Why do you think the Sun appears to rise in the East and set in the West?

This occurs because Earth is turning (rotating) toward the east.

10. Do stars and constellations also appear to rise and set?

Circle one:

- **YES**
- NO

Explain: Because Earth is turning (spinning or rotating).

11. Does Earth move in space? Circle one: YES NO
Explain (draw pictures if it helps to explain):

Basic:

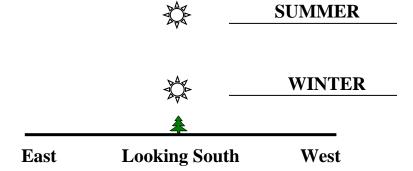
Earth is spinning (rotating) on it's North-South axis once each day. Earth is going around (orbiting) the Sun once each year.

Advanced:

Earth's axis precesses (or wobbles around) one time every 26,000 years.

Answer Key for Teachers WHAT DO YOU KNOW? [p 3 of 3]

- 12. How many trips around the Sun have you made in your life? Your age (in years)
- 13. Write "summer" next to the sun that represents noon time in the summer. Write "winter" next to the sun that represents noon time in the winter.



- 14. In what season do we experience the most daylight hours? __SUMMER__
- 15. Why is it hotter in summer and colder in winter? (Use drawings if it helps you to explain)

In summer, the Sun is higher in the sky near noon so Earth receives greater intensity of the Sun's light. The Sun is also above the horizon for more hours so there are more hours to heat Earth's surface and less hours at night for the surface to cool down.

16. Do we see the same stars and constellations at different times of year?

Circle one:

YES



Explain (use drawings if it helps you to explain):

No, because as Earth orbits the Sun during the year, the night side of Earth will be facing out into different directions in the galaxy. Thus we will generally see different stars and constellations at different times of year.

PAGE INTENTIONALLY LEFT BLANK TO RETAIN CORRESPONDENCE of PAGE NUMBERS BETWEEN ASSESSMENT OPTIONS (pp ST1 – ST26) and the ASSESSMENT ANSWER KEY (pp STA1 – STA26)

EXPLORING THE STRUCTURE OF THE UNIVERSE

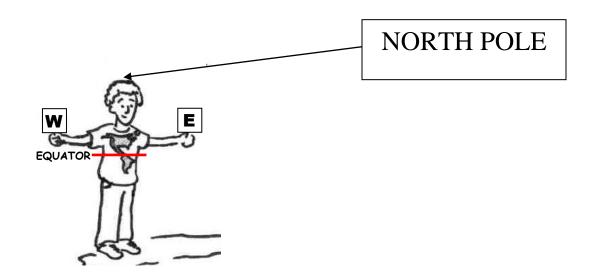
Fill in the blanks. Cross out the words below as you use them.

	galaxy			•	
comets Earth	galaxies Jupiter	Moon Moons	planets planets	star Sun	Universe 100 billion
				Solar_System	
home, called	_Earth,	is one of 9pl	anets	that orbit around t	he
Sun	Earth has one	moon that	orbits arou	nd it each month,	showing
different phas	ses. Some pla	nnets have many	moons_	that orbit _	around
them. Mercu	ry and Venus	have no moons.	In additio	n to the Sun, plane	ets, and
moons the So	olar System co	ontains smaller o	bjects such	asasteroids	,
comets, an	nd _ meteors_	. Sometimes the	ese smaller	objects collide wi	th the
larger objects	s. Most meteo	ors are between t	the size of a	grain of sand and	l a peanut,
but they can	make a bright	streak across the	e sky as the	y travel through E	Earth's
atmosphere. In 1994, astronomers all over the world watched a comet break up					
and impact the atmosphere of the largest planet in the Solar System called					
Jupiter	Our S ı	un is one of	f about	100 billion sta	rs
contained in	thegalaxy	y we call the	Milky Way	Astronomers are	e just now
discovering Jupiter-sizedplanets that orbit around some of those distant					
stars. Outer space is even bigger yet because the Milky Way is only one of an					
estimated 100 Billion (100,000,000,000) galaxies in the Universe .					

BODY GEOGRAPHY

DIRECTIONS:

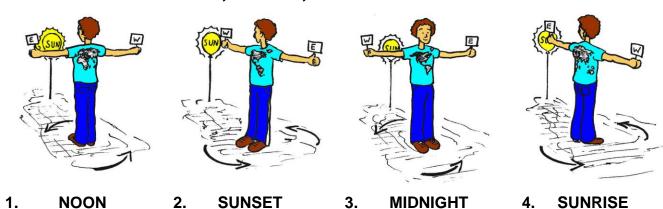
- 1. Label the North and South Poles by filling in the boxes shown.
- 2. Fill in the "E" and "W" signs in the student's hands.
- 3. Draw the Equator on the boy (whose body represents the whole Earth).



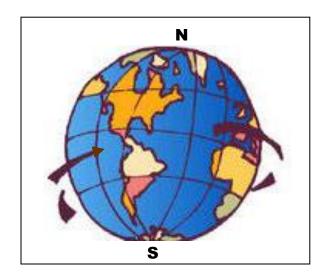
KINESTHETIC TIMES OF DAY

A. Write the correct times of day for someone on the front of the rotating boy.

Choose from: SUNRISE, SUNSET, NOON Or MIDNIGHT



B. Fill in the blanks below

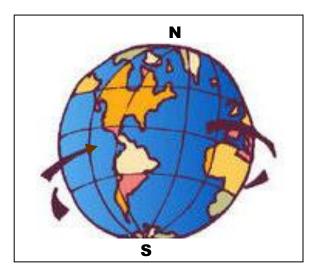


Earth turns about its axis. We call this movement __A DAY_____.

Earth takes __24____ hours to rotate around. We call this length of time Earth's rotational period.

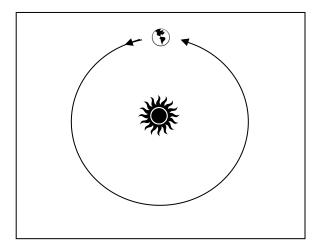
ROTATION VS. ORBIT

Fill in the blanks below



Earth turns about its own axis. We call this movement __ROTATION____.

Earth takes __24 ____ hours to rotate around. We call this length of time Earth's rotational period.

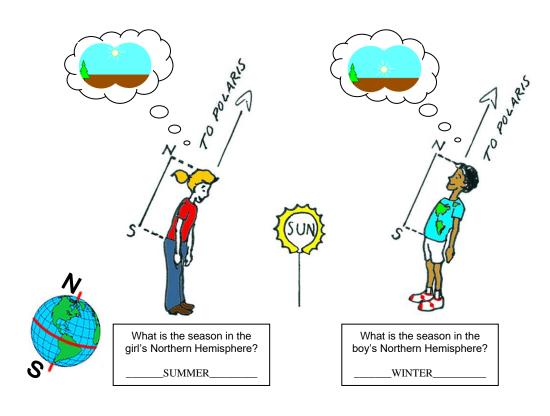


Earth moves around the Sun. We say that Earth ___ORBITS_____ the Sun. Earth takes __365____days to go once around. We call this length of time Earth's orbital period.

THE "DATING" GAME

Use the diagram below to fill in the 10 blanks about the kinesthetic times of day and year.

FOR THE BOY					
1. What is the time along a line down the middle of the front of his body?					
NOON					
2. What is the season in North America?					
WINTER					
3. What is the date in North America?					
21 DECEMBER					
4. What is the season in South America?					
SUMMER					
5. What is the date in South America?					
21 DECEMBER					
6. What is the time along a line down the middle of his back?					
MIDNIGHT					
7. What is the season on his upper back (China)?					
WINTER					



CHALLENGE: Can you also answer questions 1-7 for the GIRL?

1). NOON, 2). SUMMER, 3). 21 JUNE, 4). WINTER, 5). 21 JUNE,

6). MIDNIGHT, 7). SUMMER.

BONUS: What is the season on the girl's lower back?

______WINTER______

KINESTHETIC SEASONS

Answer Key for Teachers

Layout adapted from the Family Guide to the Sun**

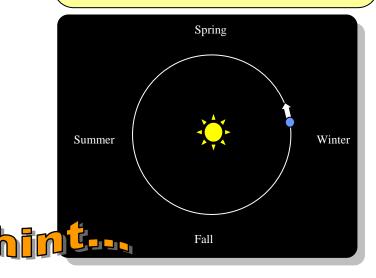
Check it out

Earth takes one year to orbit the Sun.

Earth's orbit is nearly circular.

So, Earth is about the same distance from the Sun no matter the season (summer, fall, winter, spring).

SO WHY IS IT COLDER IN WINTER?



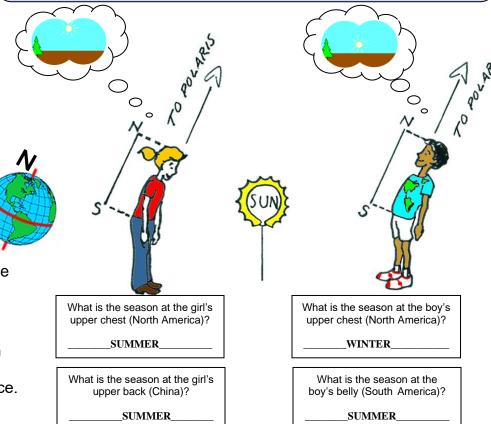
When your Northern Hemisphere is leaning away from the Sun, will the Sun appear *higher* or *lower* in the sky?

____LOWER_____

The hemisphere which is leaning away from the Sun is in winter. The Sun appears lower in the sky, giving fewer daylight hours and so less time to heat the planet's surface. This causes colder temperatures.

rry this!

- 1. Pretend your body is Earth in orbit around the Sun. Let a helium balloon be the Sun.
- 2. The top of your head is Earth's North Pole. Tilt toward Polaris 23.5° like the kids below.
- 3. Try to rotate around your axis and "orbit" the Sun while keeping your head pointed toward Polaris.



**See http://www.spaceweathercenter.org/resources/04/04.html

STA 11

REASONS FOR SEASONS CONCEPT MAP ACTIVITY

Seasons Concept Map for WINTER [p 1 of 2] Fill in the blanks by choosing the appropriate term from the boxes on the right In WINTER, a hemisphere leans toward or **AWAY** the Sun due to away from Earth's tilt toward Polaris. The Sun appears to be **LOWER**_ in the sky. lower or higher When the Sun is *lower* in the sky, the Sun's rays come in This means **fewer** daylight from a lower angle. This causes the intensity of the light hours. The Sun is up for to be *less* because its energy is spread out over a larger less time and so there is area. On the other hand, when the Sun is *higher* in the less time to heat Earth's sky, the same amount of light energy would be more surface. focused on a smaller area, making its intensity greater. These two effects cause **LESS** warming of more or less the hemisphere's surface. So this hemisphere has **COLDER**_ temperatures. colder or warmer

REASONS FOR SEASONS CONCEPT MAP ACTIVITY

Seasons Concept Map for **SUMMER** [p 2 of 2] Fill in the blanks by choosing the appropriate term from the boxes on the right In SUMMER, a hemisphere leans toward TOWARD____ the Sun due to or away from Earth's tilt toward Polaris. The Sun appears to be **HIGHER**_ in the sky. lower or higher When the Sun is **higher** in the sky, the Sun's rays shine This means *more* daylight down on us more directly and we feel a greater intensity of hours. The Sun is up for sunlight. On the other hand, when the Sun is lower in the more time and so there is more time to heat Earth's sky, the Sun's rays come in at a lower angle and are spread out over a larger area so that we feel less intensity surface. of sunlight. These two effects cause MORE____ warming of the more or less hemisphere's surface. So this hemisphere has **WARMER**_ temperatures. colder or warmer

STA 13

REASONS FOR SEASONS [p 1 of 2]

Fill in the blanks. Cross out each term below as you use it!

day year	Sun Polaris	winter winter	24 365	colder warmer	axis circle
solstice equinoxes	orbit rotates	summer	23.5 Hemisphere	Southern Northern	elliptical tilt
Planet Earth	rotates	once around	its axis every 2 4	l hours.	We call this
period of time	e a day	There are	365 days in	a year	It takes
one year for	Earth to o	rbit once	e around the Sur	ı If I am	
(ex.)15_	years old	[enter your ov	vn age], then I have	made [age]] trips
around the S	un during my	life [enter you	ır own answer].		
Farth's orbit	around the Su	in traces out a	an almost perfect	circle	Thus the
			es not change very n		
			are warmer in		
		-	of Earth's rotation axi		
_	by being clos			3. Laiti 3 300	330113 610
NOT causeu	by being clos	ei Oi iaitiiei ii	om me Sun.		
Earth's rotati	on axis is tilte	d 23.5 (degrees so that the N	North Pole poi	nts toward a
distant star c	alledP	olaris	(the North Star). As	Earth moves	around the
Sun, Earth's	North Pole sta	ays pointed to	ward this star. Polar	is is 500 light-	years from
our solar sys	tem. Earth's a	axis remains ti	Ited toward Polaris, I	out how Earth	is leaning
relative to the	e Sun change	s as Earth mo	ves in its orbit aroun	d the Sun.	
When Earth is located on one side of the Sun, the tilt causes the Northern Hemisphere					
to be leaning toward the Sun. When Earth is on the opposite side of the Sun, this same					
tilt t	oward Polaris	causes the N	lorthern Hemisphere	to be leaning	away from
the Sun. Wh	en the Northe	ern Hemisphe	re is leaning toward t	the Sun, the s	eason is
summer in theNorthern Hemisphere and winter in the Southern					
Hemisphere. When the Northern Hemisphere is leaning away from the Sun, the season					
iswinter in the Northern _ Hemisphere and summer in the					
Southern Hemisphere.					

REASONS FOR SEASONS [p 2 of 2]

When we are leaning away from the Sun, as in the season ofwinter, the Sun				
appears lower [higher/lower] in the sky. This means the Sun will spend				
less [less/more] time above the horizons (rising later and setting earlier),				
and thus there will be fewer daylight hours and less time to warm Earth. The day of the				
year with the least [least/most] daylight hours is December 21st, the first day of				
winter (in the Northern Hemisphere). This day is also called the Winter Solstice.				
When we are leaning toward the Sun, as in the season ofsummer, the Sun				
appearshigher [higher/lower] in the sky. This means the Sun will spend				
more [less/more] time above the horizons (rising earlier and setting later),				
and thus there will be more daylight hours and more time to warm Earth. It is also true,				
that when the Sun is higher in the sky, the Sun's rays impact Earth at a steeper angle				
and aremore [less/more] intense than when the Sun is lower in the sky. This				
also helps to explain why it is warmer in summer and colder in winter. The day of the				
year with the [least/most] daylight hours is June 21st, the first day of				
summer (in the Northern Hemisphere). This day is also called the summer				
solstice				
When Earth is neither leaning toward nor away from the Sun, we have the Fall and				
Springequinox, when daylight and nighttime hours are about equal.				
For Earth, the following phrase is a way to remember the reason for colder and warmer				
seasons: "Length of "days"; Angle of rays; Nothing to do with how far away". But what				
about the seasons on Mars? Mars' rotationaxis is tilted about the same				
amount as Earth's, but Mars' orbit around the Sun is moreelliptical (like an				
oval). Thus Mars' distance from the Sun varies a lot more than Earth's distance from the				
Sun. This means that both the tilt of the Mars' rotation axis and its closer and farther				
distances from the Sun are important to consider in determining the more extreme				
nature of Martian seasons.				

YOUR BIRTHDAY STARS [p 1 of 2]

Use the Zodiac Diagram to answer these questions.

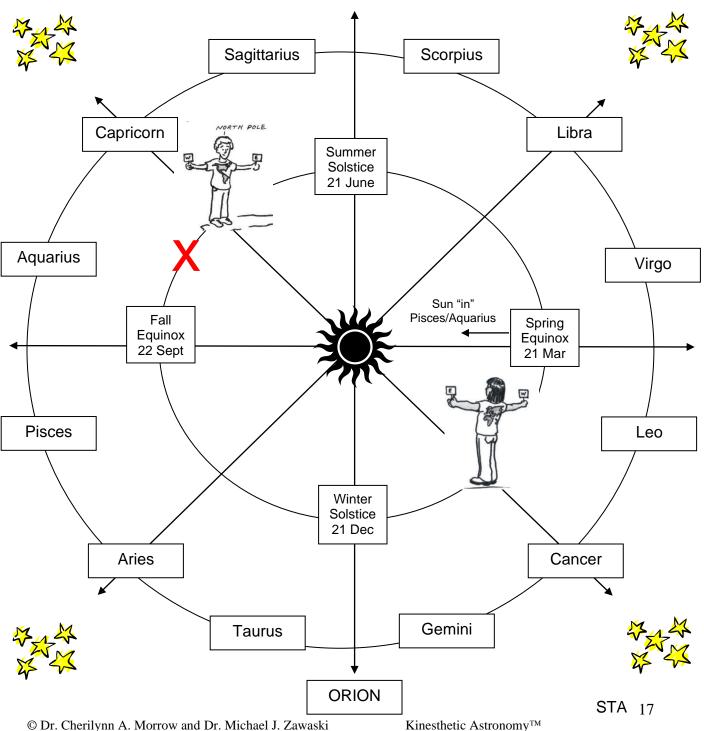
1.	Estimate the date at the girl's position: <u>~ 2 Feb (Ground Hog Day).</u>				
2.	Name a Zodiac constellation that would be visible to her at midnight.				
	Cancer				
3.	3. Write the names of two Zodiac constellations that would be visible in the night sky at midnight on the Summer Solstice (21 June).				
	Scorpius Sagittarius				
4.	Do we see different stars at different times of year?				
	Circle one: YES NO				
Explain : At different times of year the nighttime side of Earth is facing out different directions in space.					
5.	Write down your birthdate (day, month, year): Example: 21 Aug 1995				
6.	i. Mark an "X" on the Diagram to show your birthday position in Earth's orbit around the Sun.				
7.	Write the names of two constellations that would be visible in the night sky at midnight on your birthday:				
	AquariusCapricorn				
8.	Can you see the constellation representing your "sign" of the Zodiac in the night sky on your birthday?				
	Circle one: YES NO				
Explain : On my birthday, those stars that make up that constellation are being blocked by the Sun, and when it is nighttime, I am looking out away from those stars.					

 ${\rm STA}^{-16}$

Answer Key for Teachers THE ZODIAC DIAGRAM [p 2 of 2]

Use this Zodiac Diagram to answer questions.

REMEMBER: During the lesson, you were standing around the inner circle with your body representing Earth in orbit around the Sun.



© Dr. Cherilynn A. Morrow and Dr. Michael J. Zawaski cherilynn.morrow@gmail.com and mjzawaski@gmail.com

Kinesthetic Astronomy™

The Sky Time Lesson: Sept 2010/March 2025

DIFFERENT STARS FOR DIFFERENT SEASONS FILL-IN-THE-POEM

by Cherilynn Morrow cheri@KinestheticAstronomy.com

Use the words at the bottom to fill in the blanks of the poem. As you choose your answers, be sure to consider the astronomy you know as well as the rhyming scheme.

Now we KNOW planet <u>E A R T H</u>, she does circle the <u>S U N</u>;.

And it takes her a <u>Y E A R</u> 'til one orbit is done.

She _T I L T S_ to a pole star - this causes the _S E A S O N S_,

And moves through our birthdays with gravity's reason.

There's <u>L E O</u> the lion – we see THIS in the Spring,

But night skies in Fall gives us Pegasus' wings.

In summertime nights we see Cygnus the swan;

In <u>W I N T E R</u>, Orion flies dusk until <u>D A W N</u>.

So why DO we not see the same constellations,

As Earth ORBITS 'round through her seasonal stations?

See, the NIGHT side of Earth – without Sun's reflections –

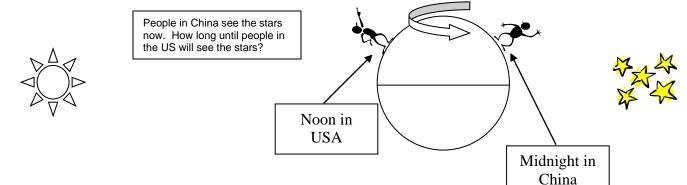
Faces out to the <u>STARS</u> in different <u>DIRECTIONS</u>.

STARS	YEAR	SEASONS
ORBITS	DAWN	WINTER
TILTS	NIGHT	EARTH
DIRECTIONS	LEO	SUN

THE NIGHT SKY IN CHINA

Fill in the answers and design a kinesthetic demonstration

- 1. Do you think people in the US will see pretty much the same stars tonight as people in China saw 12 hours ago? Circle one: YES NO
- **STOP! RECORD AND KEEP YOUR ANSWER ABOVE. THEN GO ON TO SEE IF YOUR ANSWER CHANGES OR STAYS THE SAME BY THE END. LET'S GO!
- 2. What is Earth's rotational period (in hours)? _____**24**_____
- 3. What is Earth's orbital period around the Sun (in days)? _____365____
- 4. How many times does Earth rotate during one orbit of the Sun? ____365____
- 5. How many degrees are in a circular orbit? _____360°____
- 6. So *about* how many degrees does Earth move in orbit in one day? ____1°____ Explain: With 365 days in a year and 360° in a circle, Earth must complete about 1° of orbit each day to complete one orbit each year.
- 7. Look at the diagram. How long will it take for Earth to rotate from noon in the USA (midnight in China) to midnight in the USA (noon in China)? __12_hrs?
- 8. So *about* how far will Earth have moved in its orbit during this time? __1/2 °_



- 9. Will people in the US see pretty much the same stars tonight as people in China saw 12 hours ago?

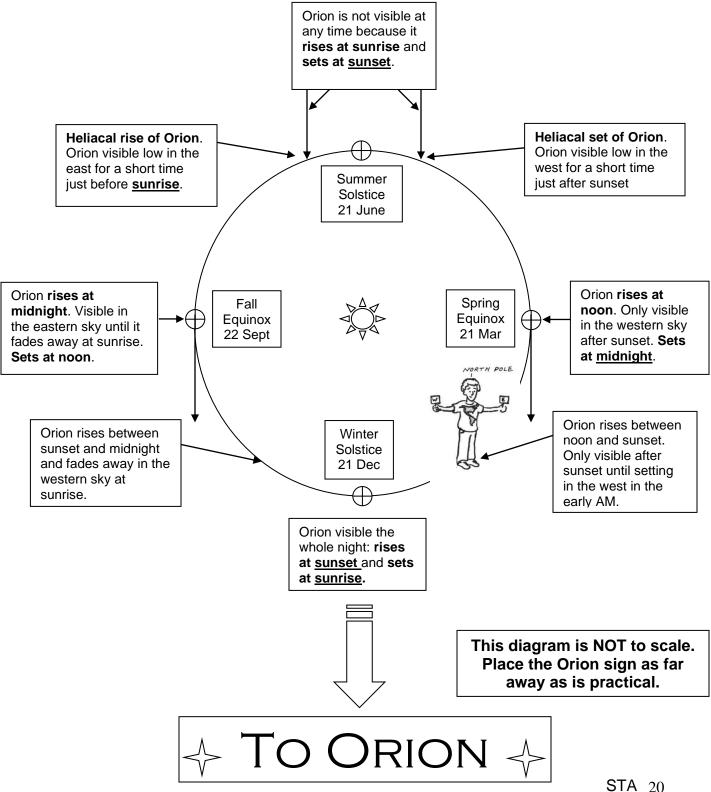
 Circle one:

 YES

 NO
- 10. Work in pairs to design a kinesthetic demonstration that proves your answer.

WHO CAN SEE ORION WHEN?

Use kinesthetic techniques to confirm Orion's visibility.



STA 20

COMPARING THE SEASONS ON EARTH AND MARS

1. How long is a Martian day? How does this compare to Earth?

The Martian day is 24.6 hours long, about the same as Earth. Thus the two planets are rotating at about the same speed.

2. How long is a Martian year? How does this compare to Earth?

About 2 Earth years. Mars takes twice as long to orbit the Sun.

3. If you lived on Mars would you have made more or less trips around the Sun in your life? How old would you be in Martian years?

If you lived on Mars, you would have made only half as many trips around the Sun, so you'd be half as old in Martian years!

4. How does the tilt of Mars' axis compare to Earth?

The tilts are about the same.

- 5. Will it be generally colder or warmer on Mars compared to Earth? Why? Colder because Mars is significantly farther from the Sun.
- 6. Do you think Mars will have seasons? Why or why not?

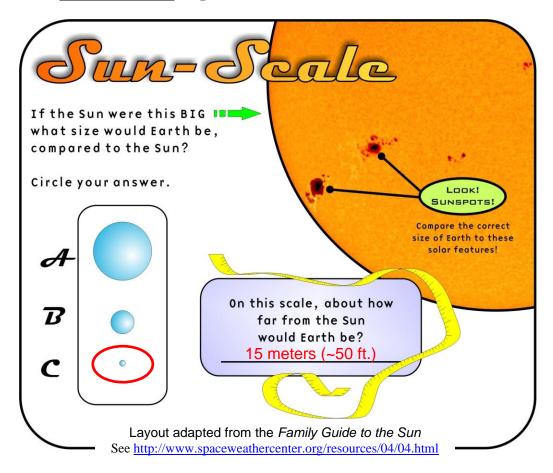
Yes, because Mars' axis is tilted like Earth's. Thus the same effects of the Sun being higher and lower in the sky at different times of year will be the result – more or less direct sunlight, longer and shorter days. When the northern hemisphere is tilted toward the Sun it will be warmer (in summer), and when it is tilted away it will be colder (in winter). The opposite will be true for the southern hemisphere, just as it is on Earth.

- 7. How long are seasons on Earth? How long would a Martian season be? Seasons on Earth last 3 Earth months. A Martian season would be about twice as long because it takes twice as long for Mars to orbit the Sun.
- 8. Do you think the more elliptical orbit of Mars makes the Mars-Sun distance a more important factor in the seasonal temperatures of Mars?

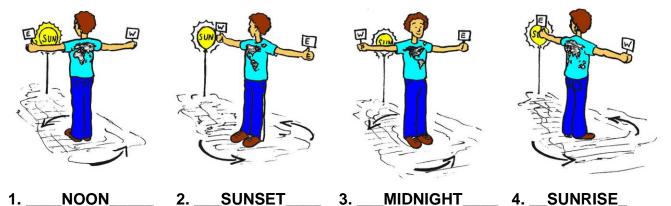
Compared to Earth, Mars' distance from the Sun is far more important in determining seasonal behavior. Mars is closest to the Sun in northern hemisphere winter (southern hemisphere summer), and farther from the Sun in northern hemisphere summer (southern hemisphere winter). This is true for Earth as well, but Mars' orbit is more elliptical (more like an oval) and thus Mars receives 50% more energy from the Sun when it is closest compared to when it is farthest from the Sun. This makes the seasons significantly more intense in the southern hemisphere (even more cold OR(colder) in winter and even more hot (hotter) in summer). When Mars is closest to the Sun, atmospheric motions can sometimes trigger great global dust storms that can change the shape of the bright and dark areas on the surface of Mars. These shifting shapes fooled early astronomers into believing that Mars had a seasonal variation of vegetation. Today we know there are no trees on Mars, and we know of no other forms of life.

WHAT HAVE YOU LEARNED? [p 1 of 5]

- 1. How many stars are in the Solar System? ____1___
- 2. Provide the **TWO** answers requested in the box below:



3. Write the correct times of day for someone on the front of the rotating boy.



Choose from SUNRISE, SUNSET, NOON or MIDNIGHT.

WHAT HAVE YOU LEARNED? [p 2 of 5]

3. Do stars appear to rise and set? Why or why not?

Because Earth is turning (rotating).

- 4. Fill in the blanks below and DRAW PICTURES to show what you mean.
 - a) Earth turns about its own axis. It takes ____24___ hours to turn once around.

We call this movement _____ROTATION_____.

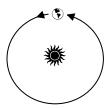
DRAWING of Earth doing this movement:



b) Earth moves around the Sun. It takes ____365____days to go once around.

We say that Earth is in _____0RBIT_____ around the Sun. How many trips around the Sun have you made in your life? ___[YOUR AGE]_____

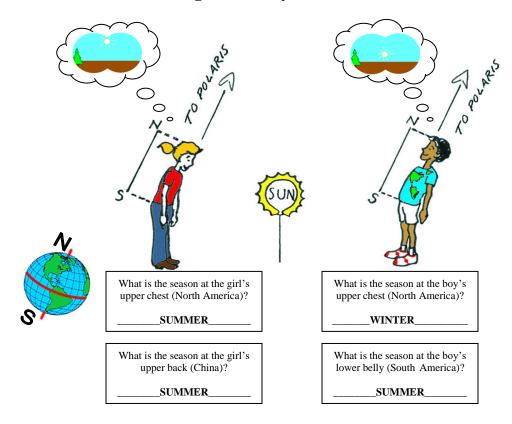
DRAWING of Earth doing this movement:



- 5. How many times does Earth rotate during one orbit of the Sun? __365___
- **6.** About how much (out of 360°) does Earth move in orbit in one day? _1°_ Explain your reasoning: With 365 days in a year and 360° in a circle, Earth must complete about 1° of orbit each day to complete one orbit each year.

Answer Key for Teachers WHAT HAVE YOU LEARNED? [p 3 of 5]

7. Fill in the blanks below the girl and boy:



8. What time of year do we experience more daylight hours? Why?

Summer. In summer our hemisphere is leaning toward the Sun. This makes more of the Northern Hemisphere illuminated by the Sun causing the Sun to be above the horizon for more hours than in winter.

9. Why is it hotter in summer and colder in winter on Earth?

In summer, the Sun is higher in the sky near noon so Earth receives greater intensity of the Sun's light. The Sun is also above the horizon for more hours so the Sun heats Earth's surface longer, and there are less hours at night for the surface to cool down. In winter, the Sun is lower causing less heating and we have less hours of daylight to warm the surface and more hours at night for the surface to cool down.

WHAT HAVE YOU LEARNED? [p 4 of 5]

11. K	efer to the Zodiac Diagram on the next	page to answer these questions:
a)	Estimate the date at the boy's position: _	~ 5 AUG
b)	Name a Zodiac constellation that would be	be visible to him at midnight:
	CAPRICOR	RN
c)	Estimate the date at the girl's position: ~	2 FEB (Ground Hog day).
d)	Name a Zodiac constellation that would be	be visible to her at midnight:
	CANCER_	
e)	Write the names of two constellations that at midnight on the Winter Solstice (21 De	
	TAURUS	GEMINI
f)	Do we see the same stars at different time	es of year? Why or why not?
	ecause at different times of year the nighttime nt directions into space.	side of Earth is facing out into
	Write down the date of your birthday: Mark an "X" on the Diagram to show you	
i)	Write the names of two constellations that at midnight on your birthday.	at would be visible in the night sky
	PISCES	ARIES
j)	BONUS: Can you see the constellation re Zodiac in the night sky on your birthday?	

NO, on my birthday I am looking out away from those stars that make up that constellation when it is nighttime. At noon I am looking toward those stars, but they are being blocked by the Sun.

STA 25

Answer Key for Teachers THE ZODIAC DIAGRAM [p 5 of 5]

DIRECTIONS: Use this Zodiac Diagram to answer questions.

REMEMBER: During the lesson, you were standing around the inner circle with your body representing Earth in orbit around the Sun.

